

EVP Recording - Entity Attachment- and the Warning Signs : 9-18-21

Yesterday I was looking back over one of the more recent accounts of this kind of entity attachment situation that I've come across. By this I mean a situation involving an individual having their life essentially invaded by intrusive voices after they had been involved in some form of spirit communication activity. This particular account was even more similar to my own in that it involved EVP recording as the means of spirit communication. My own attachment situation began after I had been experimenting with EVP recording during the winter of 2015. I should stress the fact that I may have begun recording for EVP thinking that I was merely investigating or experimenting, but within a short amount of time, I was using it as a means of direct communication with entities of unknown origin. Since I often write about the dangers associated with this kind of activity, especially involving the dangers of being stricken with this condition of hearing voices, I just want to stress that one aspect of the danger is just that, you can start out intending something and then before you know it, you're engaging in something quite different.

When I first started recording, I didn't expect for things to become as intense as they did. For the first couple of weeks of my recording endeavor, I captured nothing, complete silence. But once I did start capturing voices on my recordings, things became very intense very quickly. Within a week of the first recording where I actually heard any voices, it seemed like my recordings had suddenly come alive with voices. It went from being there being nothing there at all, to there being multiple voices on my recordings. Some of the voices were faint and some more clear, but there were multiple voices present. Perhaps when I first started off with EVP recording I figured I might just capture a few voices here and there if I captured anything at all..... which I thought was rather doubtful at the time. I wasn't even considering from the start that I would be using EVP recording as a form of direct communication to the degree that I would be.

Once I started hearing multiple voices on my recordings, I would spend hours having conversations with them and I would do this night after night. I confess that I was hit with a strong sense of fascination and curiosity with what I was experiencing, so much that I let it get to my head. I couldn't believe how easy it was for me to communicate with these entities. In my previous journals, I've often described it as a feeling of personal discovery. It was a feeling that I had discovered something new here. I know that this isn't the case, but it just felt like that and it was a strong feeling. I was also compelled to keep going because there was a strong feeling that this is something that most people in the world do not experience. Yes, it truly felt for me that I was experiencing something very unique and very powerful. In a sense, this is true, but unfortunately it would all soon take a dark turn and bring about an intrusion into my life that brought with it a lot of personal agony and upheaval.

During the first month of recording, the experience seemed very positive, the voices that I was hearing seemed very friendly. I've often described it by saying...they seemed as interested in

communicating with me as I was with them. However, things began to change during the second month of recording when a new element arrived on the scene. As I said, in the beginning the voices seemed very friendly and positive, but then another group arrived and these voices were not so friendly. I often call this group “the negative voices” because I would hear them insulting me, threatening me or making critical statementsbasically trying to get a negative reaction out of me. In a sense, they were hecklers ...but I would soon discover that they were far more sinister than just being that.

By the end of the second month, much to my horror, I began having incidents of hearing these negative voices outside of the recording sessions. They seemed to follow me around wherever I went. The incidents escalated for about a month and then in the beginning of April 2015 the voices hit full force and I started hearing them constantly.....around the clock. It was at this point that my life, my mind, my very being was invaded by these voices to an extreme degree.

When I was looking over this account of a similar situation yesterday, I remembered that there were so many similar warning signs between what this individual described and what I experienced in the events leading up to the point where we both started hearing voices beyond the recording sessions. This individual also describes how while they were doing recording sessions, things began to become very intense very quickly. Just like with my own situation, they went from hearing essentially nothing on their recordings... to hearing multiple voices and also within a short span of time. As I said, for myself it was a single week, within one week of the first recording where I captured voices, when my recordings became alive with voices, and not only that... it was practically every single recording. We both sought out to hear EVP voices and basically we started hearing more than we could have ever expected. And just like in my own case, the voices that this individual heard started to become negative, at least a good percentage of them did.

I've seen this in other accounts as well. Since 2015, I've met quite a few others and found many similar accounts. In many of them it's the same thing, the communication escalates very quickly. I know that for myself, being new to all of this at the time, being a complete novice certainly left me being more vulnerable. In the years since this all began in 2015, I have reflected back on the events of that winter and often ask myself, what could I have done differently, what warning signs did I miss? Obviously if I never began recording in the first place that would have prevented the whole matter there, but aside from that, once I got started, how could I have been so blind to the danger that was lurking?

I now know that there were many warning signs that I missed, but I try not to be too hard on myself because I realize that events at the time were happening so quickly, and escalating so rapidly that I didn't have much of a chance to process things mentally and reflect upon them. As I stated, I was utterly amazed with how easy it was becoming for me to hear these voices and communicate directly with them and since initially it seemed like such a positive and fascinating experience, thoughts of what could go wrong, what dangers might be present here, hadn't even crossed my mind. So, I know now that this in itself is one aspect of the overall danger. If things

are becoming intense very quickly, and what I mean by intense is that the communication is just becoming so strong and it seems to be coming about with minimal effort, well then that might very well be a sign of danger. I've seen the same patterns in numerous accounts. The communication becomes so intense ...so quickly ...that it just feeds into your sense of curiosity and fascination and it can easily go to your head and blind you to any potential dangers. Basically, it's easy sometimes to become addicted or obsessed with doing things like EVP recording, using a Spirit Box, using a Ouija Board or Automatic Writing. Again, this feeling takes hold of you that you feel like you're experiencing something very unique here, like you're making a personal discovery. I'm not saying this is always a sign of danger, or a trap being set. For many, such experiences may remain positive and not take a dark turn like it did for me and many others. Yet, I suppose that's the gamble there, that's the risk. I feel that people should at least know what the risk entails and what the dangers look like. Having your mind and your perceptions invaded by intruding and often tormenting voices is what one danger looks like, I can tell you that. Yes, if I had it to do all over again, I would have confined my interest in the paranormal to just doing things like reading books or watching documentaries or such. But if one is determined to go active with it, and the communication becomes intense to a mind-boggling level, well then it might not be such a bad idea to just stop and do a little reflection. You have to stop and ask yourself, am I getting too caught up in all of this?... am I becoming obsessed with it, addicted to it? If it seems like you are, then yes, I believe that you could very well be heading down a dangerous path. And that's the thing right there, initially the whole experience might seem so fascinating and so positive that there doesn't seem to be anything malevolent about it at all. That's how it is in many of these cases. But things can turn on you in an instant. Perhaps it's the same entities just revealing their true nature, or perhaps it's a case where you're just drawing too much attention to yourself and eventually odds are you're going to attract the wrong kind of attention. Either way, things can take a dark turn very quickly. So yes, one red flag, one warning sign of this kind of attachment situation developing, is if your communication becomes extremely intense within a very short amount of time. It may seem like a good thing at the time, but in some cases, it certainly is not.

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- B. Edwards